

# Madhyamaheshwar Trek

The second Kedar, in a meadow bowl under Chaukhamba

|              |                                               |            |          |
|--------------|-----------------------------------------------|------------|----------|
| DURATION     | 5D / 4N                                       | DIFFICULTY | Moderate |
| MAX ALTITUDE | 12,000 ft                                     | DISTANCE   | 38 km    |
| BASE CAMP    | Ransi Village,<br>near Ukhimath               | REGION     | Garhwal  |
| PRICE        | ₹12,500 per person · Transportation included. |            |          |

## About this trek

Madhyamaheshwar sits in a green bowl at the head of the Madmaheshwar Ganga, with Chaukhamba filling the sky behind it. The trail from Ransi follows the river through Gaundhar and Bantoli, and the short, steep climb above the temple to Buda Madmaheshwar at dawn is the best hour of the trek. Moderate walking, a village and dharamshala stay, and a temple that most yatris never reach.

## Day by day

| Day | Route / activity                                                                                                             | Distance · time · stay                               |
|-----|------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|
| 1   | <b>Rishikesh to Ransi</b><br>Rishikesh → Ukhimath → Ransi<br>Drive to Ukhimath and on to Ransi, the road-head.               | 210 km · 8 hrs drive · Ransi (guesthouse) · 6,900 ft |
| 2   | <b>Ransi to Bantoli</b><br>Ransi → Gaundhar → Bantoli<br>A gentle day down to the river at Gaundhar and along it to Bantoli. | 10 km · 5 hrs trek · Bantoli (guesthouse) · 7,900 ft |

| Day | Route / activity                                                                                                                                                                                             | Distance · time · stay                                        |
|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|
| 3   | <b>Bantoli to Madhyamaheshwar</b><br>Bantoli → Khatara → Nanu → Madhyamaheshwar<br>The climb to the temple meadow; evening aarti.                                                                            | 9 km · 6 hrs trek · Madhyamaheshwar (dharamshala) · 11,500 ft |
| 4   | <b>Buda Madmaheshwar at dawn, descend to Bantoli</b><br>Madhyamaheshwar → Buda Madmaheshwar → Bantoli<br>Pre-dawn climb to the small tarn at Buda Madmaheshwar for the Chaukhamba sunrise, then the descent. | 12 km · 7 hrs trek · Bantoli (guesthouse) · 12,000 ft         |
| 5   | <b>Bantoli to Ransi, drive to Rishikesh</b><br>Bantoli → Ransi → Rishikesh<br>Back to the road-head and out.                                                                                                 | 10 km · 4 hrs trek + drive · —                                |

## What is and is not included

### Included

- Qualified trek leader and support staff
- Forest and camping permits
- Twin/triple sharing tents or guesthouse as noted
- All meals on the trek
- Safety equipment and first-aid support

### Not included

- Personal trekking gear and rentals
- Personal expenses and travel insurance
- Anything not listed under inclusions

## Things to carry

- Trekking shoes with ankle support
- Backpack (40–60 L) with a rain cover
- Three warm layers and a padded jacket
- Poncho or rain jacket

- Sun cap, sunglasses and sunscreen
- Personal medication and toiletries
- Two one-litre water bottles

## Upcoming departures

|                      |               |
|----------------------|---------------|
| 06 Oct – 10 Oct 2026 | Sold out      |
| 20 Oct – 24 Oct 2026 | 14 seats left |
| 06 May – 10 May 2027 | 3 seats left  |
| 20 May – 24 May 2027 | 18 seats left |
| 06 Jun – 10 Jun 2027 | 9 seats left  |
| 20 Jun – 24 Jun 2027 | 20 seats left |

Seat counts are live on the website; this sheet shows them as of 03 Sep 2026.

**Himalayan Trails** · Karchon, Post Tapovan, Block Joshimath, Joshimath 246443, Uttarakhand, India  
 Call +91 72529 10566 · WhatsApp +917252910566 · mahavirbisht885@gmail.com  
<https://trekwayindia.com/treks/madhyamaheshwar-trek>